

# Cross Gates & District Good Neighbours' Scheme CIO

Working with and for older people



Annual Report 2022 - 2023

# 2024 Calendar



## A word from Lynda

This is my first Chair's report, our twenty first year and what a year it's been.

My first thank you is to Bill Hyde for his commitment and hard work to the Scheme. He led from the front, as Chair for 18 years. Leaving the Scheme on a firm footing through his guidance, has made my transition into the role of Chair so much easier. Thank you, Bill.

A very special thank you to Irene Midgley. One of our longest serving members, Irene has decided that now is the time to step down as Treasurer. Thankfully she's decided to continue in her role as a Trustee. Thank you, Irene.

A big thank you to Jo, our CEO and her fantastic staff team who have guided me through this year. Alongside our team of 132 amazing volunteers,

without whom the Scheme couldn't function, another big thank you to each and every one of you who give up your time to help others. And last but not least a massive thank you to you our members for all of your support.

My highlight from this year is hearing the buzz of activity from our groups and listening to the enthusiastic feedback from our members who have been on one of our many Shared Outings.

With the help of my fellow Trustees the Scheme continues to provide great support for all our members.

I am very proud to be Chair of this amazing Scheme and I look forward to taking us into 2024.

Regards

Lynda Pitts | Chair



*Leave a legacy of kindness | With a gift to Cross Gates & District Good Neighbours' Scheme CIO in your will, you can do so much to make sure local older people have the support they need in years to come.*



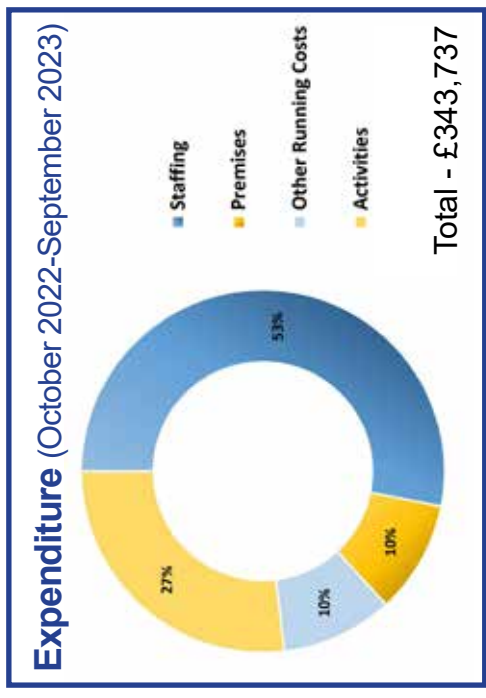
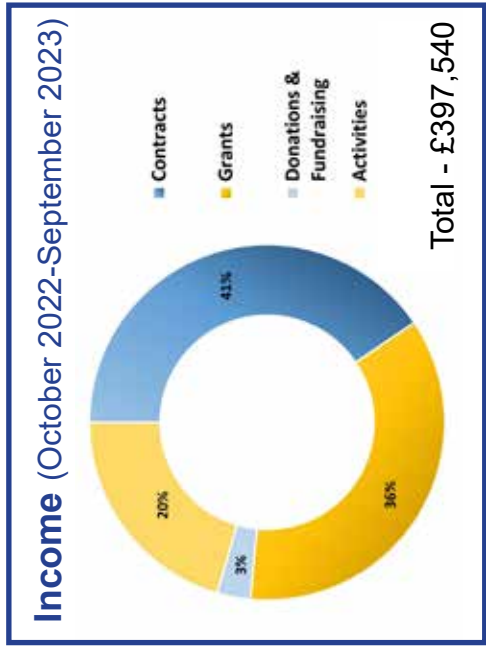
# ...and thank you from the Treasurer

It's hard to believe this is our twenty first year: the months and years seem to fly by. We have had a record year for the number of funders we are working with, but it has been, and is continuing to be more difficult to secure funding in the current financial crisis that is affecting us all.

Jo and Charley work constantly trying to find new funders tailoring the bids to ensure we can deliver the services that help and support our members. We are very grateful to all our funders and of course you our members who continue to support us by attending groups, participating in our 100-Club and making donations. It all helps!

It is with regret that I have resigned as Treasurer of the Scheme this year. I have been Treasurer for twenty one years and have enjoyed every minute, but due to my health at this time, I am unable to give the full-time commitment that the position needs. I will miss my Treasurer role but will carry on as a Trustee/volunteer and will help in any way I can. Jo and Charley will continue to apply for funding so the Scheme will be in safe hands.

Thank you for all your continued support and I look forward to seeing you all at groups in 2024. Irene Midgley | Treasurer



# Trustees and Staff



Lynda Pitts (Chair)



Jacki Lawrence (Vice Chair)



Irene Midgley



David Smith



Anita Naylor



Cllr Pauleen Grahame



Hazel Watson



Jo Horsfall | CEO



Brian Sugden



Cllr Debra Coupar



Stephen Bostridge | Transport & Training Co-ordinator



Vanessa Anderson | Digital Support Worker



Jane Robinson | Communications Worker



Dianne (Di) Dines | Activity Support Worker



Emily Baxendale | Group Support Worker



Charley Connor | Office Manager



Claire Wall | Community Support Worker



Sandra Davis | Project Worker



Nadine (Dee) Oliver | Lead Project Worker



Marion Darlow | Outreach Manager



Ilona Janosz-Floyd | Group Support Worker

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 New Year's Day	2 Sandwich & a Song   12-2pm	3 Carers Leeds Support @ The Hub   2-3.30pm	4	5 Gardening Club   10-11.30am	6	7
8	9	10 Hearing & Sight Loss @ The Hub   10-12pm	11	12	13	14
15	16 Birds of a Feather   1-3pm	17	18	19	20	21
22	23 Food and a Film   12-3pm	24 Bereavement Support @ The Hub   3-4pm	25	26	27	28
29	30	31				


# January

We were overwhelmed and very grateful to the anonymous donor who gave us a generous gift, which enables us to keep all our staff for another year.

# February



# Volunteering

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 Gardening Club   10-11.30am	3	4
5	6 Sandwich & a Song   12-2pm	7 Carers Leeds Support @ The Hub   2-3.30pm	8	9	10	11
12	13 Hearing & Sight Loss @ The Hub   10-12pm	14	15	16	17	18
19	20 Birds of a Feather   1-3pm	21	22	23	24	25
26	27 Food and a Film   12-3pm	28 Bereavement Support @ The Hub   3-4pm	29			

A massive thank you to all of our wonderful volunteers who have supported us throughout the year.

**March**



**Cross Gates & Whinmoor  
Community Hub**



Our  
Food Pantries  
supported over  
900 households  
last year.



**Cross Gates & Whinmoor  
Community Hub**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Gardening Club   10-11.30am	2	3
4	5 Sandwich & a Song   12-2pm	6 Carers Leeds Support @ The Hub   2-3.30pm	7	8	9	10
11	12 Hearing & Sight Loss @ The Hub   10-12pm	13	14	15	16	17
18	19 Birds of a Feather   1-3pm	20	21	22	23	24
25	26 Food and a Film   12-3pm	27 Bereavement Support @ The Hub   3-4pm	28	29 Good Friday	30	31 Easter Sunday

Thank you to **Crossgates Shopping Centre** for their continued support, and allowing us to host events to promote Health and Wellbeing messages out into the community.

# April

36 organisations attended the Winter Wellbeing Event




LEADS YEAR OF CULTURE

#MYLEADSSummer

My LEADS Summer

# Partnership working

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
Easter Monday	Sandwich and a Song   12-2pm	Carers Leeds Support @ The Hub   2-3.30pm		Gardening Club   10-11.30am		
8	9	10	11	12	13	14
		Hearing & Sight Loss @ The Hub   10-12pm				
15	16	17	18	19	20	21
	Birds of a Feather   1-3pm					
22	23	24	25	26	27	28
	Food and a Film   12-3pm	Bereavement Support @ The Hub   3-4pm				
29	30					
						

*“A vital partner of the Local Care Partnership with unwavering commitment to the well-being of the Cross Gates community”*  
**Abs Ajijola, Local Care Partnerships Development Team.**

**May**




Our **Moving On** and **Step-In** exercise classes were developed as part of our Enhance Project to follow on from Active Leeds **Strength & Balance** course: a structured programme of exercise to support people with low mobility or who are at risk of falls.



**Enhance**



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Carers Leeds Support @ The Hub   2-3.30pm	2 Gardening Club   10-11.30am	3	4	5
6 Early May Bank Holiday	7 Sandwich and a Song   12-2pm	8 Hearing & Sight Loss @ The Hub   10-12pm	9	10	11	12
13	14 Scheme closure - no groups this week.	15	16	17	18	19
20	21 Birds of a Feather   1-3pm	22 Panto   1.30-3pm Bereavement Support @ The Hub   3-4pm	23	24	25	26
27 Spring Bank Holiday	28 Food and a Film   12-3pm	29	30	31		


The health, wellbeing and independence of our members is at the core of our Enhance Project, funded by Leeds Community Healthcare Trust and managed by Leeds Older People's Forum.

**June**

Getting out  
and about can  
help to reduce  
loneliness and  
isolation.



**Reducing Loneliness and  
Social Isolation**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4 Sandwich and a Song   12-2pm	5 Carers Leeds Support @ The Hub   2-3.30pm	6	7 Gardening Club   10-11.30am	8	9
10	11	12 Hearing & Sight Loss @ The Hub   10-12pm	13	14	15	16
17	18 Birds of a Feather   1-3pm	19	20	21	22	23
24	25 Food and a Film   12-3pm	26 Bereavement Support @ The Hub   3-4pm	27	28	29	30

*“Because I don’t have family, it’s like coming home. It’s my base, it’s familiar and I like it.”*

**July**



Our walkers raised £3,594 towards the running cost of our minibuses through their annual sponsored walk and subs.

# Transport





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Sandwich and a Song   12-2pm	3 Carers Leeds Support @ The Hub   2-3.30pm	4	5 Gardening Club   10-11.30am	6	7
8	9	10 Hearing & Sight Loss @ The Hub   10-12pm	11	12	13	14
15	16 Birds of a Feather   1-3pm	17	18	19	20	21
22	23 Food and a Film   12-3pm	24 Bereavement Support @ The Hub   3-4pm	25	26	27	28
29	30	31				




A big thank you to **Leeds City Council Fleet Services** who maintain both our buses and to **The Newman Centre** for allowing us to store our buses safely.

**August**



**Shared Outings**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2 Gardening Club   10-11.30am	3	4
5	6 Sandwich and a Song   12-2pm	7 Carers Leeds Support @ The Hub   2-3.30pm	8	9	10	11
12	13 Summer Fayre   11-1pm	14 Hearing & Sight Loss @ The Hub   10-12pm	15	16	17	18
19	20 Birds of a Feather   1-3pm	21	22	23	24	25
26 Summer Bank Holiday	27 Food and a Film   12-3pm	28 Bereavement Support @ The Hub   3-4pm	29	30	31	

Funding received from the **Department for Transport**


**‘Tackling Loneliness with Transport’** grant meant we were able to provide 60 trips this year for 242 members.

# September

We offer IT Support at The Hub and at all of our groups.



# Digital Learning

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Sandwich and a Song   12-2pm	4 Carers Leeds Support @ The Hub   2-3.30pm	5	6 Gardening Club   10-11.30am	7	8
9	10	11	12	13	14	15
Scheme closure - no groups this week.						
16	17 Birds of a Feather   1-3pm	18	19	20	21	22
23	24 Food and a Film   12-3pm	25 Bereavement Support @ The Hub   3-4pm	26	27	28	29
30						

Thank you to **100% Digital Leeds** for their continued support.


**October**



Our Volunteer Drivers provided **2,164** journeys to our groups this year.



**Supporting Independence**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Sandwich and a Song   12-2pm	2 Carers Leeds Support @ The Hub   2-3.30pm	3	4 Gardening Club   10-11.30am	5	6
7	8	9 Hearing & Sight Loss @ The Hub   10-12pm	10	11	12	13
14	15 Birds of a Feather   1-3pm	16	17	18	19	20
21	22 Food and a Film   12-3pm	23 Bereavement Support @ The Hub   3-4pm	24	25	26	27
28	29	30	31			

Our team of 27 Volunteer Befrienders visit members who aren't able to leave their homes, to ensure we can support as many people as possible to reduce loneliness and isolation.

# November

Our Gardening Club meets on the first Friday of the month.

No responsibility is accepted for any loss or damage to any vehicles or their contents whilst using this car park.



# Try New Things





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Gardening Club   10-11.30am	2	3
4	5 Sandwich and a Song   12-2pm	6 Carers Leeds Support @ The Hub   2-3.30pm	7	8	9	10
11	12 11	13 Hearing & Sight Loss @ The Hub   10-12pm	14	15	16	17
18	19 Birds of a Feather   1-3pm	20	21	22	23	24
25	26 Food and a Film   12-3pm	27 Bereavement Support @ The Hub   3-4pm	28	29	30	

Why not come along and try something new!

With 28 different activities to choose from including


Line Dancing, Tai Chi, Games Group, Ukulele and Shared Tables.

# December

Everyone had great fun at our annual Christmas celebrations!

# Having fun!



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Sandwich and a Song   12-2pm	4 Carers Leeds Support @ The Hub   2-3.30pm	5	6 Gardening Club   10-11.30am	7	8
9	10 AGM   11am	11 Panto   1.30-3pm Hearing & Sight Loss @ The Hub   10-12pm	12	13	14	15
16	17 Xmas party @ The Newman Centre	18	19	20 Xmas party @ St Mary's	21	22
23	24	25 Christmas Day	26 Boxing Day	27	28	29
30	31 New Year's Eve					

**Funding through Independent Age 'Brighter Days Grant' meant we could deliver 60 Winter Wellbeing packs to our most vulnerable members.**

## Funders and Partners for the year October 2022 – September 2023

Leeds City Council Adults and Health, The Department for Digital, Culture, Media and Sport and The National Lottery Community Fund, 100% Digital Leeds: Digital Inclusion Fund, Access Bus, Active Leeds, Age Friendly Leeds, Breast Friends, BT Skills for Tomorrow, Carers Leeds, Christ Church Halton, Colton Methodist Church, Cross Gates & York Road Local Care Partnership, Crossgates Children Centre, Cross Gates Working Men's Club, Crossgates Methodist Church, Crossgates Shopping Centre, Clarion Futures - Digital Grant, CMS Vocational Training, Connecting Crossgates, Department for Transport - Tackling Loneliness with Transport, Forum Central, GMB Union, Good Things Foundation, Hearing & Sight Loss, Housing Advisory Panel, Iceland, Kingswear Gallery, Leeds Beckett University, Leeds City Council Inner and Outer Area Committees, Leeds City Council Small Grants / MICE Fund, Leeds City Council Wellbeing Fund, Leeds Community Foundation, Leeds Community Healthcare NHS Trust- Enhance, Leeds Convalescent Society, Leeds Older People's Forum, Linking Leeds, Lloyds Bank, Lotherton Hall, Money Buddies, One You Leeds, People for Places - Orchard Croft, St Mary's Community Centre, St Vincent's, Savers, Swarcliffe Good Neighbours' Scheme, Temple Newsam House, The Charles and Elsie Sykes Trust, The Keith Howard Foundation, The Newman Centre, The Woodman at Halton, Tranquility Court, Voluntary Action Leeds, Wade's Charity, West Yorkshire Combined Authority, Windmill Community, Woodland & Whitkirk Neighbourhood Watch, Transport Trust Fund, all our local partners and, last but not least, our service users for regular donations.

### Contact Cross Gates & District Good Neighbours' Scheme CIO

**Telephone 0113 260 6565**

Visit us at Cross Gates & District Good Neighbours' Scheme CIO, Station Road, Leeds LS15 7JY

Email [admin@crossgatesgns.org.uk](mailto:admin@crossgatesgns.org.uk)

Visit [www.crossgatesgns.org.uk](http://www.crossgatesgns.org.uk)

'Like' us at [www.facebook.com/crossgatesgns](http://www.facebook.com/crossgatesgns)

Follow us @CrossGatesGNS

### Contact Cross Gates & Whinmoor Community Hub

**Telephone 07903 639879**

Visit us at 56 Crossgates Shopping Centre, Station Road, Leeds LS15 8EU

Email [cwcommunityhub@crossgatesgns.org.uk](mailto:cwcommunityhub@crossgatesgns.org.uk)

'Like' us at [www.facebook.com/cwcommunityhub](http://www.facebook.com/cwcommunityhub)

Follow us @CrossGatesHub

*The Community Hub is managed by Cross Gates & District Good Neighbours' Scheme CIO*



Registered Charity Number: 1160095