

Cross Gates & District Good Neighbours' Scheme CIO

Working with and for older people



Annual Report 2018 - 2019

2020 Calendar



A word from Bill...

Dear Member

Another amazing year of growth has seen our membership increase to almost 1,200!

Our volunteer workforce of 113 dedicated individuals continues to support our team of nine staff in delivering and expanding our services across Halton, Whitkirk and Colton.

Friday Drop-In with coffee and light lunches is now firmly established at St. Mary's Whitkirk Community Centre. All of our Cross Gates and Halton based groups are flourishing with capacity attendance. We are looking forward with confidence to 2020 with a number of new initiatives in the pipeline. These include a project to offer a showcase of our work in the Crossgates Shopping Centre and the addition of

another minibus to help with outreach work.

All these aspirations can, of course, only become realities with the continuing financial support of our benefactors. Contributions from Leeds City Council together with grants from national and local charitable funding organisations and support from local firms together with valued contributions from members, enables us to maintain a high quality service to older people in our area

In closing this short introduction I offer thanks on behalf of us all, to Jo and her small team of dedicated staff and to all the volunteers who give so freely of their time and talent.

Bill Hyde | Chair





...and thank you from the Treasurer

We ended last year in a good financial position due to careful budgeting and the news of extended funding through SWIFt and our 'Living La Vida Local' project, which meant we started this year with three new staff.

Further into the year we appointed a local younger person as an Administration Apprentice with money received from Cross Gates Recreational Hall, who had chosen us as their Charity of the Year!

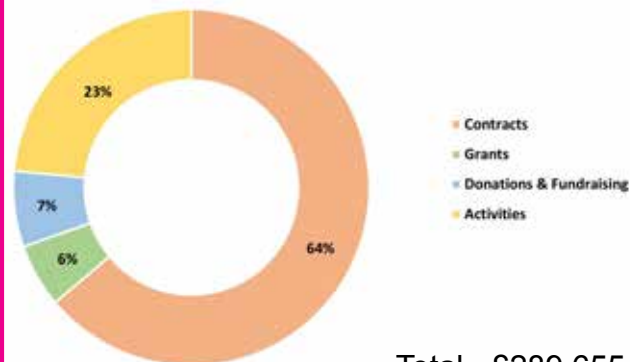
With the extra funding secured and our cautious approach, the Trustees were able to expand our services into other parts of our area that weren't currently serviced with groups or easily accessible to our staff to provide one-to-one support. We also invested in a new website that will be launched at our AGM.

There was a slight blip when our office demi-john jar was stolen by a sneak thief. However, we were pleasantly surprised by the generous donations made through Just Giving, some by complete strangers, to replace the money allocated towards our Christmas activities. People are so generous with their time and money in adversity.

Our staff and volunteers have been working extremely hard as usual as the service continues to grow and we increase our membership. We look forward to another busy year.

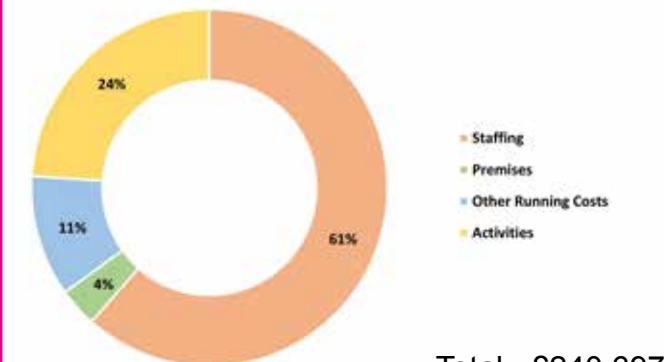
Thank you - Irene Midgley | Treasurer

Income (October 2018-September 2019)



Total - £289,655

Expenditure (October 2018-September 2019)



Total - £240,697



Trustees and Staff



Bill Hyde (Chair)



Jacki Lawrence (Vice Chair)



Irene Midgley (Treasurer)



David Smith



Anita Naylor



Cllr Pauleen Grahame



Hazel Watson



Jo Horsfall |
Manager



Joe Birch



Lynda Pitts

Stephen Bostridge |
Transport & Training
Co-ordinator



Charley Connor |
Office Co-ordinator



Nadine Oliver |
Project Worker



Marion Darlow | Outreach
Project & Development Worker



Sam Haggart | Digital
Inclusion Worker



Sandra Davis |
Project Worker



Ilona Janosz-Floyd |
Group Support Worker



Jane Robinson |
Communications Worker

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 New Year's Day	2	3	4	5
6	7 Sandwich and a Song 12-2pm	8	9	10	11	12
13	14 Minibus Trip	15	16	17	18	19
20	21 Birds of a Feather 1.30-3.30pm	22 Bereavement Drop-In 3-4pm	23	24	25	26
27	28 Minibus Trip Food and a Film 12-3pm	29 Colton Methodist 10.30-11.30am	30	31		

January

“Being a Trustee gives some structure and purpose outside of my family life. I enjoy supporting an organisation that makes such a big difference.”

February

Our team of 113 volunteers donate 532 hours per week, that is the equivalent to over 14 full time staff posts.

"Volunteering ticks all the boxes for me, I love the routine."

Volunteering



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
					1	2	
	3	4 Sandwich and a Song 12-2pm	5 Carers Leeds Drop-In 2.30-4pm	6	7	8	9
	10	11 Minibus Trip	12	13	14	15	16
	17	18 Birds of a Feather 1.30 3.30pm	19	20	21	22	23
	24	25 Minibus Trip Food and a Film 12-3pm	26 Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm	27	28	29	

“Volunteering is definitely a two-way thing, the support I receive is above and beyond. The Scheme is my extended family and the reason I get out of bed most mornings.”

March

We continue to receive weekly food donations from Tesco FareShare. They even organised an in-store tombola raising £112.50.




Extra funding received through Leeds City Council Winter Support enabled us to provide Food Hygiene training to 29 volunteers.



Partnership working



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Sandwich and a Song 12-2pm	4 Carers Leeds Drop-In 2.30-4pm	5	6	7	8
9	10 Minibus Trip	11	12	13	14	15
16	17 Birds of a Feather 1.30-3.30pm	18	19	20	21	22
23	24 Minibus Trip Food and a Film 12-3pm	25 Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm	26	27	28	29
30	31	<p>Monies received from Crossgates Recreational Hall enabled us to employ a local young person, through an Administrative Apprenticeship Scheme.</p>				

April

Our drivers provided 2,143 return journeys to our groups this year.

Transport



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Carers Leeds Drop-In 2.30-4pm	2	3	4	5
6	7 Sandwich and a Song 12-2pm	8	9	10 Good Friday	11	12
13 Easter Monday	14 Minibus Trip	15	16	17	18	19
20	21 Birds of a Feather 1.30-3.30pm	22 Bereavement Drop-In 3-4pm	23	24	25	26
27	28 Minibus Trip Food and a Film 12-3pm	29 Colton Methodist 10.30-11.30am	30			

A massive thank you to our Walking Group who raised over £2,000 at our third sponsored walk. This money alongside additional funds will go towards the purchase of a new nine-seater minibus.



May

71 people enjoyed 59 meals out at 19 different venues as part of our Shared Tables project. There were 415 attendances in total.



Our new Drop-in Coffee Morning at St Mary's Community Centre every Friday is flourishing with 33 new members to the Scheme.



Reducing Loneliness and Social Isolation



Time to Shine

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
	4 Minibus Trip	5	6	7	8	9
	Sandwich and a Song 12-2pm	Carers Leeds Drop-In 2.30-4pm		Early May Bank Holiday (VE day)		
11	12	13	14	15	16	17
Scheme closure - no groups this week						
18	19	20	21	22	23	24
	Birds of a Feather 1.30-3.30pm					
25	26	27	28	29	30	31
Spring Bank Holiday	Short Walk 10.30am Food and a Film 12-3pm	Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm				

Time to Shine has agreed for us to use the available underspend to continue our Shared Tables project for a further 18 months. In addition we will support other Schemes involved with Shared Tables citywide.

June


- This is the 16th year of our Walking Group
- In the past year we enjoyed 46 walks (including a sponsored walk)
- We covered 166 miles
- 441 calories burned per two-hour walk at a slow pace
- 46 two-hour walks = 20,286 calories burned per person



Our Short Walks are back!



Keeping Healthy

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Short Walk 10.30am Sandwich and a Song 12-2pm	3 Carers Leeds Drop-In 2.30-4pm	4	5	6	7
8	9 Minibus Trip	10 Pantomime 1.30pm	11	12	13	14
15	16 Short Walk 10.30am Birds of a Feather 1.30-3.30pm	17	18	19	20	21
22	23 Seaside Trip	24 Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm	25	26	27	28
29	30 Short Walk 10.30am					

“My mum loves her Keep Fit and lunch on a Wednesday, it’s the highlight of the week - you provide an amazing service, please keep up your good work!”

July

Andy, our Hearing Aid volunteer, provided support with batteries and cleaning tubes to over 130 people last year.



19 volunteers provided 1,368 hours of one-to-one befriending in the homes of our most isolated less mobile members.



Supporting Independence

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
 <p>Cross Gates & District Good Neighbours' Scheme CIO Working with and for older people</p>		1 Carers Leeds Drop-In 2.30-4pm	2	3	4	5	
	6	7 Short Walk 10.30am Sandwich and a Song 12-2pm	8	9	10	11	12
	13	14 Minibus Trip	15	16	17	18	19
	20	21 Short Walk 10.30am Birds of a Feather 1.30-3.30pm	22 Bereavement Drop-In 3-4pm	23	24	25	26
	27	28 Minibus Trip	29 Colton Methodist 10.30-11.30am	30	31		

Partnership working with local NHS staff and healthcare professionals continues to grow since the relocation of the Live Well Café to the Newman Centre. Group membership increased steadily resulting in 16 new Scheme members.

August


out of life online!

Funding received from Leeds Libraries enabled us to buy IT equipment to support our Digital Health Hub.

This year we supported 320 people at our various drop-in sessions and one to one computer lessons.

Digital Learning



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4 Short Walk 10.30am Sandwich and a Song 12-2pm	5 Carers Leeds Drop-In 2.30-4pm	6	7	8	9
10	11 Minibus Trip	12	13	14	15	16
17	18 Short Walk 10.30am Birds of a Feather 1.30-3.30pm	19	20	21	22	23
24	25 Minibus Trip	26 Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm	27	28	29	30
31 Summr Bank Holiday	<p><i>"I used to work with computers but since I retired I've lost all my confidence. However, with Joe I continue to learn and improve - it's my Happy Hour."</i></p>					

September

We provided 18 weeks of work experience placements to students from Leeds City College.

Intergenerational

Over 150 people attended the Summer Fayre. A big thank you to the young people at 'The Challenge' project from National Citizen Service who planned and helped to run the stalls, raising an amazing £427.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Short Walk 10.30am Sandwich and a Song 12-2pm	2 Carers Leeds Drop-In 2.30-4pm	3	4	5	6
7	Minibus Trip 8	9	10	11	12	13
14	15	16	17	18	19	20
Scheme closure - no groups this week except Birds of a Feather						
	Birds of a Feather 1.30-3.30pm					
21	Minibus Trip 22	23	24	25	26	27
	Food and a Film 12-3pm	Bereavement Drop-In 3-4pm				
28	29	30				
		Colton Methodist 10.30-11.30am				

I can't thank Good Neighbours' enough! They helped me out so much when I was younger, building my confidence to get into work!

October



50 people
attended 12
'Sandwich and a
Song'
sessions.



Music and Arts

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
	5	6 Sandwich and a Song 12-2pm	7 Carers Leeds Drop-In 2.30-4pm	8	9	10
12	13 Minibus Trip	14	15	16	17	18
19	20 Birds of a Feather 1.30-3.30pm	21	22	23	24	25
26	27 Minibus Trip Food and a Film 12-3pm	28 Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm	29	30	31	

A big thank you to Wade's Charity who funded £2,000 towards our Art and Craft Tutor, providing 66 sessions to 53 people.

November

"You are an amazing and invaluable support to so many people, including my wonderful mum."

Support




Our new Weekly Coffee Morning at St Mary's saw us expand into another part of our area.



Cross Gates & District Good Neighbours' Scheme
Working with and for older people



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<div style="border: 1px solid black; border-radius: 15px; padding: 5px; display: inline-block;"> Pantomime 1.30pm 25/11 </div>			1
2	3	4	5	6	7	8
	Sandwich and a Song 12-2pm	Carers Leeds Drop-In 2.30-4pm				
9	10	11	12	13	14	15
	Minibus Trip					
16	17	18	19	20	21	22
	Birds of a Feather 1.30-3.30pm					
23	24	25	26	27	28	29
	Minibus Trip Food and a Film 12-3pm	Colton Methodist 10.30-11.30am Bereavement Drop-In 3-4pm				
30	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; text-align: center;"> <p>Our Monthly Dementia Café, Birds of a Feather, offers one-to-one support to the person living with dementia and their carer, in a relaxed environment.</p> </div>					

December



Another year of celebrating at The Holiday Inn - 160 of us had a wonderful day. Thank you.



Having fun!



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Minibus Trip Sandwich and a Song 12-2pm	2 Carers Leeds Drop-In 2.30-4pm	3	4	5	6
7	8 AGM 1pm	9	10	11	12	13
14	15 Birds of a Feather 1.30-3.30pm	16	17 Holiday Inn Christmas Lunch	18	19	20
21	22 Food and a Film 12-3pm	23 Bereavement Drop-In 3-4pm	24	25 Christmas Day	26	27
28 Boxing Day (substitute day)	29	30	31			

On Christmas Day our volunteers provided transport to St Vincent's Support Centre, so 22 of our members could enjoy a Christmas Day meal in company. Thank you to all involved.

Funders and Partners for the year October 2018 – September 2019

Leeds City Council Adults and Health, Leeds City Council SWIFt, The Department for Digital, Culture, Media and Sport and The National Lottery Community Fund, 100% Digital Leeds: Digital Inclusion Fund, Access Bus, Carers Leeds, Christ Church Halton, Clarion Housing, Colton Methodist Church, Crossgates Recreational Hall, Cross Gates Working Men's Club, Crossgates - Present, Past and Future, Crossgates Shopping Centre, Fleet Service – Leeds City Council – Seacroft Ring Road Depot, Good Things Foundation, Housing Advisory Panel, Leeds City College, Leeds City Council Inner and Outer Area Committees, Leeds City Council Small Grants / MICE Fund, Leeds City Council Wellbeing Fund, Leeds City Council Winter Support, Leeds Community Foundation, Leeds Convalescent Society, Leeds Older People's Forum - Time to Shine Project, Lloyds Bank, St Mary's Community Centre, Tesco FareShare Scheme, The Challenge: National Citizen Service, The Live Well Café, Wade's Charity, all our local partners and last but not least our service users for regular donations. A special thank you to all our late members who have left monies in their will or from the collection at their funerals.

Trustees

Bill Hyde (Chair) • Jacki Lawrence (Vice-Chair) • Irene Midgley (Treasurer) • Joe Birch • Cllr Pauleen Grahame • Anita Naylor • Lynda Pitts • David Smith • Hazel Watson



Don't forget to take a look
at our new website - visit:
www.crossgatesgns.org.uk
We hope you like it!

Contact Us



Telephone 0113 260 6565

Visit us at Cross Gates & District Good Neighbours' Scheme CIO, Station Road, Leeds LS15 7JY

Email admin@crossgatesgns.org.uk

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LOTTERY FUNDED



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